

United Way Success By 6®
Conscious Discipline®
Parent Nights
2017-18

December 14, 2017 - *Composure: Being the Person You Want Children to Become*
January 19, 2018 - *Assertiveness: Setting Limits Respectfully*
February 2, 2018 - *Encouragement: Noticing, Accepting and Connecting with Children*
March 23, 2018 - *Choices: Building Self-Esteem and Willpower*
April 12, 2018 - *Empathy: Teaching Children to Manage Their Emotions*

All sessions:

Presenter: Jill Molli in person or in a facilitated remote access presentation

Location: McCarthy Baptist Church, 2710 S. Belt Highway

Time: Light supper starts: 5:30 p.m.
Presentation: 6:00 – 8:00 p.m.

Who should attend: Parents/grandparents and other primary caregivers of children birth to six

Cost: Free!

Limited free childcare available, with reservations.



About the speaker: Jill Molli was selected as a Loving Guidance Associate because of her no-nonsense ability to get to the heart of a situation and her commitment to living Loving Guidance principles at school and at home. She is an entertaining, motivating, and heart-felt presenter.

Dinner! Door Prizes! Free!

Learn more about Conscious Discipline® at consciousdiscipline.com.

This event is made possible through a Community Connect grant from Mosaic Life Care.



Reservations are requested for all attendees and required for those needing childcare.
Limited childcare will be offered, so call as soon as you know you are coming!
Please call Jay at 816-364-2381 or email jay.martin@stjosephunitedway.org to reserve your spot.

Session Descriptions

Thursday, December 14, 2017 Composure: Being the Person You Want Children to Become
How many times have you caught yourself saying something like, “Look what you made me do!” “You are driving me nuts!” or “Don’t make me pull this car over!”? Statements like these say that someone else is in charge of us. The Power of Perception puts us in charge of ourselves. It allows us to model the behaviors we want to see, and to be the person we want children to become.

Friday, January 19, 2018 Assertiveness: Setting Limits Respectfully
The Power of Attention says, “What you focus on you get more of”. As adults, we constantly shine the flashlight of our attention on children’s behaviors. We give value to whatever we shine our light on. Children are better able to comply and we will get more positive behaviors when we shine our light on behaviors we want to see. Assertiveness is clear communication that focuses children’s attention on what we want them to do. Clear communication is essential for children to meet our expectations and for setting limits respectfully.

Friday, February 2, 2018 Encouragement: Noticing, Accepting and Connecting with Children
The goal is to create homes with a felt sense of safety and belonging for all. Relationships are the motivation for and cradle of all learning. By building a strong family unit, we replace tangible rewards like stickers and trips to a treasure box with conscious acknowledgement of children’s successes and helpful actions. The reward children receive are the feelings they experience as a result of their actions. This is the key to developing something called “intrinsic motivation,” which is a child’s internal drive to be successful, helpful and kind.

Friday, March 23, 2018 Choices: Building Self-Esteem and Willpower
When we honor children’s free will, choices become a natural tool to use. Adults are constantly guiding children in what they can and can’t do, can and can’t wear, can and can’t eat. It can be quite stressful! Offering children two positive choices provides an empowering reprieve! Choices help children increase their attention span, develop decision-making skills, follow through on tasks, improve their self-esteem, develop responsibility and feel empowered.

Thursday, April 12, 2018 Empathy: Teaching Children to Manage Their Emotions
Empathy requires us to listen to children’s feelings and thoughts without the need to change them. Our typical reaction to young children’s feelings of upset is often, “You’re fine,” or “It’s okay,” or to distract them with a toy or snack. Unfortunately, none of that does anything to help children manage their feelings. Accepting the moment and empathizing with children doesn’t change the limits we set on their behavior; it helps children become better able to accept the limits we set.

United Way Success By 6[®]
Conscious Discipline[®] Series
2017-18

SIGN UP EARLY TO RESERVE YOUR PLACE!

All sessions are from 6:00-8:00 p.m. with a light dinner served at 5:30 p.m.
Limited childcare available, with reservation.

Please check (v) the sessions you will attend:

- December 14, 2017 - Composure: Being the Person You want Children to Become
 January 19, 2018 - Assertiveness: Setting Limits Respectfully
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 April 12, 2018 - Empathy: Teaching Children to Manage their Emotions

Name (s): _____

Phone: _____

Email address: _____

(You will receive a reminder/confirmation call or email one week prior to the event)

Will you need childcare? Yes No

If yes, please list names and ages: Name Age

_____	_____
_____	_____
_____	_____
_____	_____

Will you be attending the dinner before the presentation? (5:30 P.M.) Yes No

If yes, please let us know if you or your children have any dietary restrictions. _____

Mail registration to:
United Way Success By 6, 118 S. 5th Street, St. Joseph, MO 64501
Fax to 816-364-1131
Call Jay at (816) 364-2381
Or email jay.martin@stjosephunitedway.org