

United Way



Raising Children With Conscious Discipline®

Join us for free monthly sessions for parents, grandparents and other primary caregivers and professionals who work with children ages birth through six. Learn about the core principles of Conscious Discipline and how to move ourselves and our children from surviving to thriving. New and returning learners are welcome!

When: 6:30-8:00 p.m.

**Where: Wyatt Park Christian Church Fellowship Hall
2623 Mitchell Avenue (please use the door on the west side of the building)**

Presenters:

**Lacey Raymond, Voices of Courage Children's Advocacy Center
Quinci Hammes, Community Action Partnership Head Start**

January 24, 2023

Reclaim Your Power: How Choices Build Self-Control and Self-Esteem

Use the power of free will to set limits and promote healthy behaviors and compliance within children. Find out how to support children in learning how to achieve personal responsibility and self-control.

February 28, 2023

From Chaos to Calm: How Positive Intent & Consequences Increase Cooperation

Learn how to increase and promote positive brain development by building trust and safety. Turn mistakes into opportunities to learn and guide children in problem-solving through natural consequences.

March 28, 2023

Making it Work: How the Safe Spot Transforms Your Home

Dive in a little deeper on how to utilize Conscious Discipline Safe Spot and other tools effectively. Receive realistic guidance and examples through personal experiences and concrete visualized examples.



Visit stjosephunitedway.org/sb6parents
or scan the QR code to sign up today!

Questions? Call 816-364-2381 or email
bobbie.cronk@stjosephunitedway.org



United Way
of Greater St. Joseph