

United Way RESOURCE GUIDE

*A guide of resources and programs offered through the
United Way of Greater St. Joseph Partner Agency & Initiative Network.*



POWERING POSSIBILITY through the caring power of community.



UNITED WAY
Greater St. Joseph

Have you ever...



- *needed assistance and been unsure where to turn?*
- *heard of non-profits and wondered exactly what they did?*
- *wanted to share your time and talents but weren't sure how to get started?*
- *wanted to help others in our community find hope, but didn't quite know how to help?*

I hope you find answers to those questions, and more, on the following pages.

As you flip through this guide, you will have a chance to read about the United Way of Greater St. Joseph network which includes Partner Agencies as well as Initiatives and Programs managed by United Way.

United Way of Greater St. Joseph began as a way for our community to come together to improve lives in a united way, a more inclusive way than individual churches, synagogues, civic groups, agencies and residents could do on their own. A large part of the organization's work was to raise money to share with social service agencies already making a difference that needed more financial support from the community.

More than 100 years later, the original premise still holds true. Through the United Way network, thousands of donors, hundreds of businesses and dozens of agencies join together to improve lives through the caring power

of community with a goal of creating better days for our friends and neighbors.

If you are already a part of this United Way network as a donor, a volunteer or an advocate - **thank you!**

Our community is better because of you.

If you are not, I invite you to join us.

You can give. You can advocate. You can volunteer. More information on how to do all three can be found on the last page or I welcome you to call, visit or email.

Together, we can give help and hope.

Yours in caring,

A handwritten signature in blue ink that reads "Kylee M Strough".

Kylee M. Strough, President

816.364.2381

kylee.strough@stjosephunitedway.org



United Way of Greater St. Joseph

Traditionally, United Way has been known for harnessing the caring power of community through giving, advocating and volunteering and is most well-known for the annual United Way Campaign that takes place each fall. Through the Campaign, hundreds of businesses and thousands of individuals make pledges to improve lives through the caring power of community.

The majority of dollars raised through the annual Campaign are allocated to the network of United Way Partner Agencies to help sustain their current programs and services. More than 150 volunteers are involved in deciding how those donor dollars are allocated.

A portion of each year's Campaign contributions are held in a grant making fund called the United Way Community Investment Fund. Through this grant opportunity, area non-profits that meet United Way's criteria in financial accountability, program delivery and outcomes are eligible to apply for grants to further meet community or agency needs.

Giving to and through United Way continues to be one of the most impactful, effective and efficient ways for individuals and businesses to improve lives in our community. When the lives of our friends and neighbors are improved, we all are made better and our community made stronger.

A single gift to United Way does not impact a single agency nor a single program - it impacts dozens of agencies, hundreds of programs and thousands of individuals. Additionally, supporters and community members can rest assured that strong volunteer involvement and oversight ensures those receiving funding from United Way are:

- **being held accountable for the dollars they receive from United Way.**
- **working together to reduce duplication of efforts and increase efficiency.**
- **considering new approaches to address the needs of our community.**
- **collaborating to meet unmet community needs.**



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United Way Initiatives and Programs

Caring Connection Crew

Volunteer opportunities engaging volunteers to assemble meal kits, school supplies, Fresh start kits, snack packs and more.

Housing Stability

Provides financial assistance to qualifying households to help maintain stability, prevent or resolve homelessness.

Leadership St. Joseph

Builds the skills of individuals to be effective leaders in the community.

PACE {Partners & Agencies Collaborating & Educating}

A learning series designed for agencies and their staff to increase capacity, aid staff as they are working with clients and improve collaboration.

Profit In Education[®]

Improves the education level of the potential and current workforce in the community.

Success By 6[®]

Prepares children to be successful learners when they begin kindergarten.

Unmet Needs

Collaborates to connect people to resources to solve immediate needs with lasting impact.

Volunteer Center

Connects the community through volunteerism.

United Way Initiatives and Programs have been developed in response to community needs. Each is created and sustained through partnership with other organizations and volunteers. The role of United Way varies and may include convener, facilitator, backbone support, program provider or other role as determined by the needs of the community and capacity within United Way to assist.



United Way Partner Agencies

Bartlett Center

409 South 18th Street; St. Joseph, MO 64501
816.233.8201

Offers child care, youth after school and summer programs and a variety of community-centered activities.



Programs:

Child Care - Child care for children ages four weeks through preschool.

Youth Program - Program for children ages 5 - 12 offering out-of-school time care.

Big Brothers Big Sisters St. Joseph bbbsstjoe.org

109 South 4th Street; St. Joseph, MO 64501
816.671.4090

Matches adult volunteer mentors with young people to provide supportive relationships that help them achieve their full potential.



Thank you to Triumph Foods for sponsorship of this guide.



TriumphFoods



**Diverse
Workforce**



**Commitment
to Community**



**Opportunity to
Grow**



**Pride in Your
Work**

United Way Partner Agencies

Catholic Charities of Kansas City-St. Joseph

catholiccharities-kcsj.org

1123 South 10th Street; St. Joseph, MO 64503
816.232.2885



Exists to serve and lift people to the dignity of self-reliance by meeting them in crisis and helping them reach stability through hope-filled coaching, financial aid, workshops and housing. Calling all those of goodwill to join us.

Programs:

Emergency Assistance - Provides support with rent and utilities for families facing financial hardship or risk of eviction.

LifeSkills & Workforce - Helps job seekers prepare for and maintain employment through skills training, résumé preparation, financial planning and interview preparation. Connects participants with employers offering living-wage jobs and provides transportation support for new employment.

Children & Family Services - Provides case management and support for mothers from pregnancy through baby's first year, including baby and household needs and rent and utility assistance. Offers adoption services for birth and adoptive parents and serves as a HappyBottoms diaper distribution partner.

Housing Services - Offers permanent supportive housing and case management for individuals with disabilities or those who have experienced chronic homelessness. Provides permanent community housing for low-income seniors with disabilities or special needs.

Veteran Services - Provides rapid rehousing for veteran families who are homeless or at risk of homelessness, along with financial assistance and case management to support long-term stability.

Children's Mercy St. Joseph

childrensmercy.org



802 North Riverside Road, Suite 105, Plaza 1 Bldg; St. Joseph, MO 64507
816.236.6900

Children's Mercy is the region's leading independent children's health organization with a focus on transforming the health, well-being and potential of children by providing holistic care, translational research and breakthrough innovation and educating the next generation of caregivers. Children's Mercy has dedicated clinic space at Mosaic Life Care in the Plaza 1 medical building. This office is home to 28 Children's Mercy specialty clinics including Cardiology, Endocrinology and Diabetes clinics and a growing number of telemedicine clinics. In addition, Children's Mercy provides NICU support at Mosaic Life Care.

United Way Partner Agencies

Community Missions Corporation
cmcstjoe.org

700 Olive Street; St. Joseph, MO 64501
816.390.8884



Attacks the root causes of homelessness using wraparound support to build self-reliance, decrease unnecessary usage of community resources and restore stability to people experiencing homelessness.

Programs:

Permanent Supportive Housing - Provides housing for men experiencing chronic homelessness. Men must have a disability and have been homeless totaling at least 12 months consecutively or on at least four separate occasions in the last three years. In addition, case managers help residents break barriers to stability and coordinate services.

Outreach Services - Outreach services are provided to individuals (both men and women) experiencing homelessness, providing resources in the community and help with items such as birth certificates, ID's, hygiene items and bus passes. In addition, outreach workers look for encampments throughout the area to ensure individuals are aware of resources available to them.

My Brother's House - Offers 24/7 emergency shelter for both men and women.

Aftercare Services - Provides case management to persons who need help maintaining stability and permanent housing.

When you give to United Way, you're POWERING POSSIBILITY—helping families find stability, children get a strong start, neighbors access mental health support and seniors receive nutritious meals. Your gift powers what's possible.



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United Way Partner Agencies

**Family Guidance Center
for Behavioral Healthcare**
fgcnow.org



724 North 22nd Street; St. Joseph, MO 64506
816.364.1501

A Certified Community Behavioral Healthcare Organization providing an array of behavioral healthcare services including adult mental health, children and youth services, substance use disorder services and behavioral health urgent care.

Programs:

Adult Mental Health Services - Comprehensive behavioral healthcare to assist adults with a serious and persistent mental illness lead healthier, more productive lives.

Children and Youth Services - Individualized services based on the need of the child, youth and family to assist with emotional disturbance, mental illness or substance use disorders.

Substance Use Disorder Services - An array of substance abuse treatment services for adults including medication assisted treatment, individualized outpatient services, group education/therapy, individual education/therapy, family therapy, co-occurring counseling services, co-dependency counseling, case management, peer support, diagnostic services, substance awareness traffic offender services, drug court services, trauma focused therapy, transportation services and gambling addiction treatment.

Behavioral Health Urgent Care Clinic - Treats both adults and children (age 5+) in urgent need of care for mental health or substance misuse. The clinic provides immediate access to behavioral health care and an alternative to the emergency room for non-emergency behavioral health care issues. *(Located at 4906 Frederick Avenue)*

From 269 children and families supported through early education to nearly 5,000 people accessing mental health services, your gift helps POWER POSSIBILITY at every stage of life.

United Way Partner Agencies

InterServ
faithfullyserving.org



5400 King Hill Avenue; St. Joseph, MO 64504
816.238.4511

Works to alleviate the effects of poverty/financial instability by providing services that help people meet their basic needs and function as capable, productive members of their community.

Programs:

Early Care and Education at Mitchell Woods - Reliable, high-quality education and care for children that meets the needs of each individual child and family in a safe, nurturing and educational environment.

Youth Program - Out-of-school programming at three sites across town, designed to support and develop youth in the areas of academics, socio-emotional/physical/mental health and healthy interpersonal relationships. Programs offer daily meals, tutoring and homework assistance, STEAM and small group activities, supervised and open recreation, summer camps and Olympic weightlifting instruction and competition, all while helping children build healthy relationships with adults and their peers.

Individual and Family Services - Provides immediate assistance for those seeking basic needs of food and shelter.

In-Home and Professional Medical Services - Provides caregiver services to seniors and persons with disabilities who want to remain living in their own home, including housekeeping, personal care, shopping and respite. Professional Medical Services includes medication set up and periodic health evaluations.

Senior Nutrition - Daily meals for seniors delivered to the home through Mobile Meals or served in a congregate setting.

RSVP - Volunteer program aimed at utilizing skilled senior volunteers to address specific community issues and create community impact.

Legal Aid of Western Missouri
lawmo.org



3110 Karnes Road, Suite 100; St. Joseph, MO 64506
816.364.2325

Provides free, quality legal representation to low-income, elderly, and vulnerable individuals. Legal Aid attorneys represent clients in civil (non-criminal) cases including family law, housing, consumer, state and federal benefits, immigration and tax cases.

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United Way Partner Agencies

Northwest Missouri Community Services *helpmenow.org*

1203 North 6th Street; St. Joseph, MO 64501
816.364.1131



Works to improve the lives of individuals and their families by meeting their human and social service needs.

Programs:

Help Me Hotline - A 24-hour service directing persons needing information/assistance to appropriate health and human services. Advocates/coordinates services at multiple agencies and monitors availability of services.

Adopt-A-Family Christmas - Helps families and individuals enjoy the Christmas holidays who otherwise would not be able to provide Christmas for their families/self by matching people who are able to provide support to those families and individuals in need.

Soles for Christ - Provides a free pair of shoes to school-age children before the beginning of the school year.

Other Programs - Diaper Depot, Seasonal Services (fans, space heaters, air conditioners) and Lions Club eyeglasses.

St. Joseph Safety and Health Council, Inc. *stjoesafetycouncil.org*

3131 Frederick Avenue, Suite 220; St. Joseph, MO 64506
816.233.3330



Promotes injury prevention and safety best practices by planning, implementing and assisting with activities designed to decrease the number of accidents and increase citizen safety.

Programs:

Traffic Safety - Initiatives focused on promoting traffic safety through education, including Driver's Education, driving lessons, Permit Academy, car seat safety education, driver training for school bus and occupational drivers, docudramas, substance awareness programs for traffic offenders and the Think First Traffic Offender Program.

Community Safety - Programs dedicated to preventing accidental injuries and fatalities via public education and awareness efforts, such as Safety Town, Safety Acres, active shooter response training, de-escalation training and private probation services.

Occupational Safety - Training programs and events designed to support employers in creating safer workplaces for employees and ensuring compliance with OSHA standards.

United Way Partner Agencies

The Salvation Army

centralusa.salvationarmy.org/stjoseph

602 Messanie; St. Joseph, MO 64501
816.232.5824



Provides emergency shelter for families with minor children, emergency assistance, food pantry, Pathway of Hope program, spiritual and life skills, Community Center Gym/Kitchen rentals and residential camp opportunities and welcomes all to attend worship services.

Programs:

Sunday Service - Continental breakfast is served followed by Worship Service. Children's Church is offered as well.

The Booth Center - A nine-unit emergency shelter serving families experiencing homelessness with at least one child under the age of 18.

Emergency Assistance - Emergency assistance provided includes a food pantry, clothing vouchers, other basic needs, coats, school supplies and Angel Tree Christmas Assistance.

Youth Programs - Offers a safe environment to develop life skills, positive social and communication habits and the opportunity to experience and learn new skills.

Women's Ministries - Open to all women ages 14+ who are interested in meeting once per month and learning more about faith and helping to spread God's word in our community.

Samaritan Counseling Center, Inc.

thecenterlistens.org

902 Edmond Street, Suite 203; St. Joseph, MO 64501
816.364.4300



Provides outpatient mental health services to anyone in the community, regardless of the ability to pay, including mental health assessments, diagnosis and treatment, professional counseling, medication management, faith-based collaborative care, substance abuse treatment and autism testing.

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United Way Partner Agencies

Scouting America, Pony Express Council
ponyexpressbsa.org



1704 Buckingham; St. Joseph, MO 64506
816.233.1351

A year-round character development program for youth kindergarten to age 18. Scouting teaches and instills values with a duty to God and country as well as life skills and the responsibility and obligation to help other people and the community. Scouting prepares all youth for life by strengthening self-reliance, self-confidence and leadership skill development.

Programs:

Traditional Scouting - Scouting offers experiences that help prepare youth for their future by developing academic skills, self-confidence, ethics, leadership skills and citizenship skills that influence their adult lives.

Camping - The camping program is held at Camp Geiger just minutes north of St. Joseph.

United Cerebral Palsy of Northwest Missouri
ucpnwmo.org



3303 Frederick Avenue; St. Joseph, MO 64506
816.364.3836

Provides early intervention services, employment and life skills training to individuals with disabilities to enhance their independence and quality of life.

Programs:

Children's Programs - Provides pediatric physical, occupational and speech therapy; integrated preschool for children ages 2 - 5 including children with and without special needs; therapeutic lending program offering therapeutic equipment that can be loaned to families and child care providers; and community education regarding disability related topics and issues.

Adult Programs - Life skills for adults with disabilities such as cooking, sports and using technology as well as community involvement that includes hands-on service projects.

Employment Programs - Employment services match the best possible work environment or training options with each individual's interests and abilities, utilizing a discovery process and job coaches. Summer Work Experience gives area high school students with disabilities entering their senior year an opportunity to experience their first job. All Students Achieve (ASA) is a collaborative program held at Mosaic Life Care designed to improve employment outcomes for high school seniors through classroom activities and an unpaid internship for students.

118 South 5th Street • St. Joseph, MO 64501 • 816.364.2381 • stjosephunitedway.org

United Way Partner Agencies

YMCA
stjoymca.org

3601 North Village Drive; St. Joseph, MO 64506
816.671.9622



Serves all ages, sex, races, religions and financial backgrounds, providing healthy programs/services. No one is turned away due to the inability to pay the stated fees.

Programs:

Youth Development Programs - Provides a safe, fun and educational place for kids to go before and after school at nine sites, serving 12 elementary schools and two early learning centers. Youth sports for children ages 3 - 8 years, including soccer, t-ball, basketball, cheerleading, street hockey and flag football. Summer Day Camp is available for children

Healthy Living Programs - Programs include more than 40 group exercise classes per week, personal training and LIVESTRONG program to help cancer survivors become more active and get back to a vibrant life.

Social Responsibility - Provides kids, families and communities with the resources and opportunities they need to learn, grow and thrive. Offers a range of programs and services to meet the unique needs of each community we serve.



United Way Partner Agencies

YWCA St. Joseph
ywcasj.org

304 North 8th Street; St. Joseph, MO 64501
816.232.4481

**eliminating racism
empowering women**
ywca

Services to prevent domestic and sexual violence and support survivors of domestic and sexual violence.

Programs:

Bliss Manor - Housing programs which provide subsidized housing and supportive services for women who are survivors of domestic and/or sexual violence and their children.

Community Support - Free services to survivors of domestic and sexual violence including crisis intervention, outreach, case management, personal advocacy, safety planning, emergency financial assistance, hospital advocacy, court advocacy, law enforcement advocacy, substance use intervention, group learning and professional counseling.

Parent Resources - Program serving parents to provide stability and support so that they may reach their educational and/or workforce goals.

Shelter - Providing emergency shelter to survivors of domestic violence and sexual assault.

Prevention Programming - Providing comprehensive domestic, dating and sexual violence awareness and prevention programs specifically for school age children, their parents and those who work with these children. Prevention programming includes healthy relationships, bystander intervention and In Their Shoes teen dating violence simulation.

Stay Connected. Get Involved. POWER POSSIBILITY.

- ♦ Visit stjosephunitedway.org for upcoming events, volunteer opportunities and the latest news.
- ♦ Sign up for our email newsletter at stjosephunitedway.org to receive updates right in your inbox.
- ♦ Follow us on social media to see what's happening, discover ways to get involved and see your support in action.
- ♦ Call United Way at 816.364.2381 or stop by our office to connect with our team and learn more.

Will you join us in POWERING POSSIBILITY?

We hope you have found this guide helpful. Throughout these pages, you've seen the many resources available to help people in our community overcome challenges, find support and move toward new possibilities.

United Way and our Partner Agencies work together to make those possibilities a reality – but it takes the support of our entire community. **When you give, advocate or volunteer, you help POWER POSSIBILITY for our friends, neighbors and families.**

GIVE.

You can give to United Way in a variety of ways:

- through payroll deduction at many workplaces
- one-time or monthly through stjosephunitedway.org
- by direct debit from a checking or savings account
- through Venmo @UnitedWayStJoe
- by mailing in a contribution

Every gift has the power to make a difference. Together, United Way and our Partner Agencies turn your generosity into **opportunity, support and possibility** throughout our community.

ADVOCATE.

Your voice has power, too. Share what you know about United Way, our Partner Agencies and the resources available in our community. Share this guide with someone who may need support. Tell others why you believe in United Way. **By spreading the word, you help more people discover what's possible.**

VOLUNTEER.

Your time and talents can POWER POSSIBILITY. Whether you give an hour, lend a hand or share your expertise, volunteering creates meaningful change for our community. United Way Volunteer Center connects people who want to help with local opportunities to make a difference.

Ready to get involved? Learn more at stjosephunitedway.org/volunteer-center.

Possibility starts with all of us.
Together, we can POWER POSSIBILITY
throughout our community.
Will you join us?



Triumph Foods is a farmer-owned company, feeding a growing world with the highest quality pork products while creating opportunities for our team members and community to prosper.

Founded in 2003 by 5 of the largest independently owned pork producers, Triumph Foods opened the now one-million-square-foot facility in January 2006— 20 years ago.



20 YEARS
Serving our community.
Feeding the world and growing careers.

5302 Stockyards Expressway, Saint Joseph, MO

816-396-2700