

United Way PACE

(Partners & Agencies Collaborating & Educating)

You are invited to join United Way PACE (Partners & Agencies Collaborating & Educating), a learning series for agencies in our area. The goals of the learning series are to help increase capacity, aid staff as they are working with clients and improve collaboration. A variety of topics will be offered for all levels of staff.

UPCOMING SESSIONS:

Employment Programs and Strategies for Attaining and Maintaining Employment

- **October 23 at 10 a.m.**
 - Representatives from Vocational Rehabilitation, Family Guidance Center, Catholic Charities, and Express Employment Professionals will share about their programs/services and strategies to help individuals attain and maintain employment.

When Emotions Surge: Navigating Triggers to Regain Control and Find Peace

- **November 20 at 10 a.m.**
 - Presented by Jen Gentry-Tonn with Family Guidance Center. Learn what causes emotional triggers and strategies to help clients and yourself regain control.

Thriving through the Holidays

- **December 4 at 11 a.m.**
 - Join us for tips on self-care, stress relief and tips for thriving through the busy holiday season. Please note that this session will be offered in-person only, as it includes activities.

UNITED WAY RESOURCES 101:

- **November 5 at 10 a.m.**
 - These sessions will be offered on a quarterly basis. Each session is geared to new agency staff and will provide them with a base understanding of agencies, resources and services available in the St. Joseph community.

United Way PACE and Resources 101 Sessions are held at: United Way of Greater St. Joseph (118 South 5th Street, St. Joseph), unless otherwise noted and via Zoom (Meeting ID: 895 1945 7972; Passcode: 151782).

Additional topics and sessions are added throughout the year. Visit stjosephunitedway.org/pace to view the schedule.

UNITED WAY COMMUNITY SUPPORT WORKER {CSW} NETWORK:

This group meets monthly and is designed for those who work directly with clients/consumers/patients/etc. and are charged with helping clients navigate to resources beyond those their own agency offers. During the meetings, participants will share about their organization and services offered; discuss barriers and gaps in existing services; seek creative solutions; coordinate on client cases and have opportunities for continuing learning. If you'd like to be added to the email list to receive meeting notices for the CSW Network, please contact United Way at the email address below.