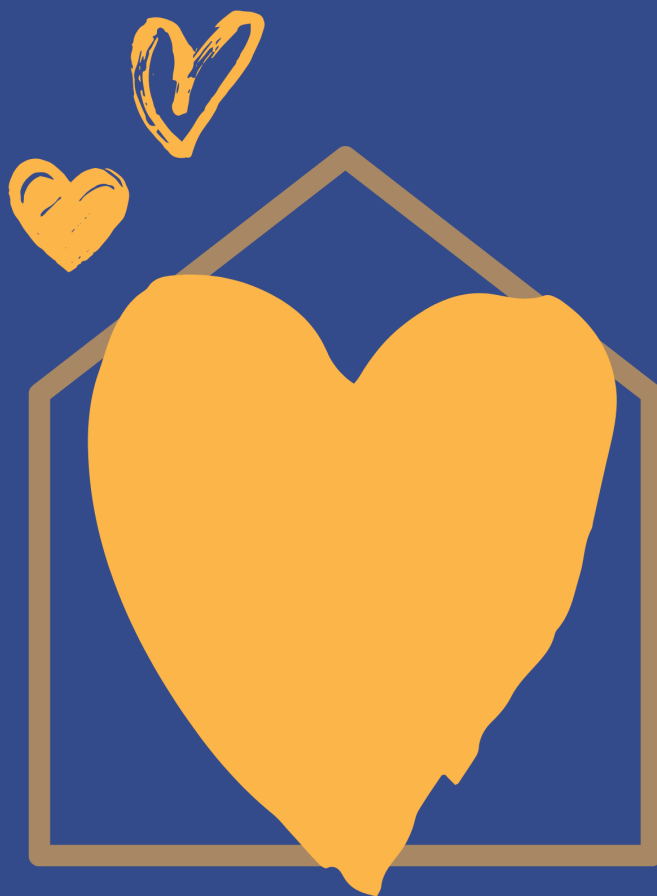
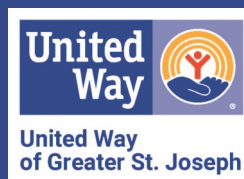


# United Way RESOURCE GUIDE

*A guide of resources and programs offered through the  
United Way of Greater St. Joseph Partner Agency & Initiative Network.*



**Together, We Give Hope.**



# Have you ever...



•needed assistance and been unsure where to turn?

•heard of non-profits and wondered exactly what they did?

•wanted to share your time and talents but weren't sure how to get started?

•wanted to help others in our community find hope, but didn't quite know how to help?

I hope you find answers to those questions, and more, on the following pages.

As you flip through this guide, you will have a chance to read about the United Way of Greater St. Joseph network which includes 16 Partner Agencies, United Way Initiatives and Programs.

United Way of Greater St. Joseph began as a way for our community to come together to improve lives in a united way, a more inclusive way than individual churches, synagogues, civic groups, agencies and residents could do on their own. A big part of the organization's work was to raise money to share with social service agencies already making a difference in lives that needed more financial support from the community.

More than 100 years later, the original premise still holds true. Through the United Way network, thousands of donors, hundreds of businesses and dozens of agencies join together to improve lives through the caring power of community with a goal of creating better days for our friends and neighbors.

If you are already a part of this United Way network as a donor, a volunteer or an advocate- thank you! Our community is better because of you.

If you are not, I invite you to join us. You can give, you can advocate and you can volunteer. More information on how to do all three can be found on the last page.

Together, we can give help and hope!

Yours in caring,

A handwritten signature in black ink that reads "Kylee M Strough".

Kylee M. Strough, President  
816.364.2381

[kylee.strough@stjosephunitedway.org](mailto:kylee.strough@stjosephunitedway.org)



# United Way of Greater St. Joseph

United Way of Greater St. Joseph is a non-profit agency that aims to improve lives through the caring power of community. Do you know that when you give, advocate or volunteer through United Way, you help support the 16 Partner Agencies and United Way Initiatives shown below?



## Why United Way?

One gift to United Way of Greater St. Joseph impacts the lives of people in our community through the network of 16 Partner Agencies and United Way Initiatives.

United Way Partner Agencies serve people throughout Northwest Missouri and Northeast Kansas in a variety of important ways. Learn more by reading about each agency on the following pages.

# United Way Initiatives and Programs

## **Caring Connection Crew**

A monthly volunteer opportunity engaging volunteers to assemble meal kits, Fresh Start kits, snack packs, hygiene kits and more.

## **Housing Stability**

Provides financial assistance to qualifying households to help maintain stability, prevent or resolve homelessness.

## **Leadership St. Joseph**

Builds the skills of individuals to be effective leaders in the community.

## **PACE {Partners & Agencies Collaborating & Educating}**

A learning series designed for agencies and their staff to increase capacity, aid staff as they are working with clients and improve collaboration.

## **Profit In Education®**

Improves the education level of the potential and current workforce in the community.

## **Success By 6®**

Prepares children to be successful learners when they begin kindergarten.

## **Taste of United Way**

A monthly session to connect community members to United Way Partner Agencies and foster connection, awareness and action.

## **Volunteer Center**

Connects the community through volunteerism.

*United Way Initiatives and Programs have been developed in response to community needs. Each is created and sustained through partnership with other organizations and volunteers. The role of United Way varies and may include convener, facilitator, backbone support, program provider or other role as determined by the needs of the community and capacity within United Way to assist.*



## United Way Partner Agencies

### Bartlett Center

[bartlettcenter.com](http://bartlettcenter.com)

409 South 18th Street; St. Joseph, MO 64501  
816.233.8201

*A pillar of the mid-town community, offering child care, youth after school and summer programs and a variety of community-centered activities.*



#### **Programs:**

Bartlett Center Child Care - Child care for children ages four weeks through preschool.

Youth Program - Program for children ages 5 - 12 offering out-of-school time care.

### Big Brothers Big Sisters St. Joseph

[bbbsstjoe.org](http://bbbsstjoe.org)

625 Francis Street; St. Joseph, MO 64501  
816.671.4090



*Matches adult volunteer mentors with young people to provide supportive relationships that help them achieve their full potential.*

*Thank you to Triumph Foods for sponsorship of this guide.*



# TriumphFoods



**Diverse  
Workforce**



**Commitment  
to Community**



**Opportunity to  
Grow**



**Pride in Your  
Work**

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## United Way Partner Agencies

### Catholic Charities of Kansas City-St. Joseph

[catholiccharities-kcsj.org](http://catholiccharities-kcsj.org)

1123 South 10th Street; St. Joseph, MO 64503  
816.232.2885



*Exists to serve and to lift people in need to the dignity of self-reliance by providing support for people in crisis through emergency assistance, coaching, workshops and housing to help people achieve long-term stability.*

#### **Programs:**

Emergency Assistance - Provides hygiene products, diapers, and support with rent and utilities for families facing financial hardship or risk of eviction.

Employment Services - Helps job seekers prepare for and secure employment through life skills, financial literacy and résumé workshops. Connects participants with employers offering living-wage jobs.

Children & Family Services - Offers maternity, baby and household supplies during pregnancy and through baby's first year of life. Provides rent and utility assistance with case management, adoption services and support for birth parents and adoptive families.

Housing Services - Offers permanent, scattered-site housing and case management for individuals experiencing a disability or chronic homelessness. Provides permanent community housing for low-income seniors with disabilities or special needs.

Veteran Services - Assists veteran families who are homeless or at risk of homelessness with housing placement, rent and utility assistance and case management to support long-term stability.

### Children's Mercy St. Joseph

[childrensmercy.org](http://childrensmercy.org)



802 North Riverside Road, Suite 105, Plaza 1 Bldg;  
St. Joseph, MO 64507  
816.236.6900

*Children's Mercy is the region's leading independent children's health organization with a focus on transforming the health, well-being and potential of children by providing holistic care, translational research and breakthrough innovation and educating the next generation of caregivers. Children's Mercy has dedicated clinic space at Mosaic Life Care in the Plaza 1 medical building. This office is home to 28 Children's Mercy specialty clinics including Cardiology, Endocrinology and Diabetes clinics and a growing number of telemedicine clinics. In addition, Children's Mercy provides NICU support at Mosaic Life Care.*

## United Way Partner Agencies

### Community Missions Corporation

[cmcstjoe.org](http://cmcstjoe.org)

700 Olive Street; St. Joseph, MO 64501  
816.390.8884



*Attacks the root causes of homelessness using wraparound support to build self-reliance, decrease unnecessary usage of community resources and restore stability to people experiencing homelessness.*

#### **Programs:**

Permanent Supportive Housing - Provides housing for men experiencing chronic homelessness. Men must have a disability and have been homeless totaling at least 12 months consecutively or on at least four separate occasions in the last three years. In addition, case managers help residents break barriers to stability and coordinate services.

Outreach Services - Outreach services are provided to individuals (both men and women) experiencing homelessness, providing resources in the community and help with items such as birth certificates, ID's, hygiene items and bus passes. In addition, outreach workers look for encampments throughout the area to ensure individuals are aware of resources available to them.

My Brother's House - Offers emergency shelter for both men and women.

Aftercare Services - Provides case management to persons who need help maintaining stability and permanent housing.

## When you give to United Way you **GIVE HOPE**. Last year...

- **Nearly 300 children** and their families accessed early care and education programs, giving children the strong start they need to grow, learn and thrive.
- **150 children** with a disability or special need and their families received services that help them reach important milestones and build brighter futures.
- **4,460 youth** participated in out-of-school time programs where they found safe spaces to learn, make friends and gain skills that prepare them for success.
- **166 adults** with disabilities found jobs through supported employment.



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# United Way Partner Agencies

**Family Guidance Center  
for Behavioral Healthcare**  
fgcnow.org



724 North 22nd Street; St. Joseph, MO 64506  
816.364.1501

*A Certified Community Behavioral Healthcare Organization providing an array of behavioral healthcare services including adult mental health, children and youth services, substance use disorder services and behavioral health urgent care.*

## **Programs:**

Adult Mental Health Services - Mental health services for adults with persistent mental illness who are experiencing disruption in functioning as a result of disabling symptoms of the illness.

Children and Youth Services - Individualized services based on the need of the child, youth and family to assist with emotional disturbance, mental illness or substance use disorders.

Substance Use Disorder Services - An array of substance abuse treatment services for adults including medication assisted treatment, individualized outpatient services, group education/therapy, individual education/therapy, family therapy, co-occurring counseling services, co-dependency counseling, case management, peer support, diagnostic services, substance awareness traffic offender services, drug court services, trauma focused therapy, transportation services and gambling addiction treatment.

Behavioral Health Urgent Care Clinic - Treats both adults and children (age 5+) in urgent need of care for mental health or substance misuse. The clinic provides immediate access to behavioral health care and an alternative to the emergency room for non-emergency behavioral health care issues. *(Located at 4906 Frederick Avenue)*

## When you give to United Way you **GIVE HOPE**. Last year...

- **More than 6,000 adults and children** accessed mental health services and found that hope and support are within reach.
- **366 survivors** of domestic or sexual violence and **329 adults and children** experiencing homelessness found safe shelter and connection to supportive services.
- **414 households** received assistance with rent, mortgage, utilities or transportation to help them find or maintain stability.





## United Way Partner Agencies

### InterServ

[faithfullyserving.org](http://faithfullyserving.org)

5400 King Hill Avenue; St. Joseph, MO 64504  
816.238.4511



*Works to alleviate the effects of poverty/financial instability by providing services that help people meet their basic needs and function as capable, productive members of their community.*

#### **Programs:**

Early Care and Education at Mitchell Woods - Reliable, high-quality education and care for children that meets the needs of each individual child and family in a safe, nurturing educational environment.

Youth Program - Out-of-school programming at three sites across town, designed to support and develop youth in the areas of academics, socio-emotional/physical/mental health and healthy interpersonal relationships. Programs offer daily meals, tutoring and homework assistance, STEAM and small group activities, supervised and open recreation, summer camps and weightlifting instruction, all while helping children build healthy relationships with adults and their peers.

Individual and Family Services - Provides immediate assistance for those seeking basic needs of food and shelter.

In-Home and Professional Medical Services - Provides caregiver services to seniors and persons with disabilities who want to remain living in their own home, including housekeeping, personal care, shopping and respite. Professional Medical Services includes medication set up and periodic health evaluations.

Senior Nutrition - Daily meals for seniors delivered to the home through Mobile Meals or served in a congregate setting.

RSVP - Volunteer program aimed at utilizing skilled senior volunteers to address specific community issues and create community impact.

### Legal Aid of Western Missouri

[lawmo.org](http://lawmo.org)

3110 Karnes Road, Suite 100  
St. Joseph, MO 64506  
816.364.2325



*Provides free, quality legal representation to low-income, elderly, and vulnerable individuals. Legal Aid attorneys represent clients in civil (non-criminal) cases including family law, housing, consumer, state and federal benefits, immigration and tax cases.*

## United Way Partner Agencies

### Northwest Missouri Community Services

[helpmenow.org](http://helpmenow.org)

1203 North 6th Street; St. Joseph, MO 64501  
816.364.1131



*Works to improve the lives of individuals and their families by meeting their human and social service needs.*

#### **Programs:**

Help Me Hotline - A 24-hour service directing persons needing information/assistance to appropriate health and human services. Advocates/coordinates services at multiple agencies and monitors availability of services.

Adopt-A-Family Christmas - Helps families and individuals enjoy the Christmas holidays who otherwise would not be able to provide Christmas for their families/self by matching people who are able to provide support to those families and individuals in need.

Soles for Christ - Provides a free pair of shoes to school-age children before the beginning of the school year.

**Other Programs:** Diaper Depot, Seasonal Services (fans, space heaters, air conditioners) and Lions Club eyeglasses.

### St. Joseph Safety and Health Council, Inc.

[stjoesafetycouncil.org](http://stjoesafetycouncil.org)

3131 Frederick Avenue, Suite 220; St. Joseph, MO 64506  
816.233.3330



*Promotes injury prevention and safety best practices by planning, implementing, and assisting with activities designed to decrease the number of accidents and increase citizen safety.*

#### **Programs:**

Traffic Safety - Initiatives focused on promoting traffic safety through education, including Driver's Education, driving lessons, Permit Academy, car seat safety education, driver training for school bus and occupational drivers, docudramas, substance awareness programs for traffic offenders, and the Think First Traffic Offender Program.

Community Safety - Programs dedicated to preventing accidental injuries and fatalities via public education and awareness efforts, such as Safety Town, Safety Acres, active shooter response training, de-escalation training and private probation services.

Occupational Safety - Training programs and events designed to support employers in creating safer workplaces for employees and ensuring compliance with OSHA standards.

## United Way Partner Agencies

### The Salvation Army

[centralusa.salvationarmy.org/stjoseph](http://centralusa.salvationarmy.org/stjoseph)

602 Messanie; St. Joseph, MO 64501  
816.232.5824



*A multi-faceted agency providing emergency shelter for families with minor children, emergency assistance, food pantry, Pathway of Hope program, spiritual and life skills, Community Center and residential camp opportunities.*

#### Programs:

The Booth Center - A nine unit emergency shelter serving families experiencing homelessness with at least one child under the age of 18. Low to zero income families, lacking access to financial/housing resources, who would remain homeless but for the shelter are prioritized. The on-site case manager assists the families in developing a housing stability plan to address housing barriers, increase income and increase access to community/mainstream resources.

Emergency Assistance - Emergency assistance provided includes a food pantry, rental assistance for currently homeless (if available), clothing vouchers (twice monthly, unless extenuating circumstances arise), other basic needs as well as coats during winter months. In addition, school supplies are distributed to area students and the Angel Tree Christmas Assistance program provides Christmas gifts to children that might otherwise miss out.

Youth Programs - A safe environment to develop life skills, positive social and communication habits and the opportunity to experience and learn new skills.

### Samaritan Counseling Center, Inc.

[thecenterlistens.org](http://thecenterlistens.org)

902 Edmond Street, Suite 203; St. Joseph, MO 64501  
816.364.4300



*Provides outpatient mental health services to anyone in the community, regardless of the ability to pay, including mental health assessments, diagnosis and treatment, professional counseling, medication management, faith-based collaborative care, substance abuse treatment and autism testing.*

## When you give to United Way you **GIVE HOPE**. Last year...

- **7,312 food orders** were provided to families experiencing food insecurity.
- **564 senior adults** received **90,195 nutritious meals** - many delivered to directly to their homes and some enjoyed with friends at locations throughout town.
- And so much more!

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## United Way Partner Agencies

### Scouting America, Pony Express Council

[ponyexpressbsa.org](http://ponyexpressbsa.org)



1704 Buckingham; St. Joseph, MO 64506  
816.233.1351

*A year-round character development program for youth kindergarten to age 18. Scouting teaches and instills values with a duty to God and country as well as life skills and the responsibility and obligation to help other people and the community. Scouting prepares all youth for life by strengthening self-reliance, self-confidence and leadership skill development.*

#### **Programs:**

Traditional Scouting - Scouting offers experiences that help prepare youth for their future by developing academic skills, self-confidence, ethics, leadership skills and citizenship skills that influence their adult lives.

Camping - The camping program is held at Camp Geiger just minutes north of St. Joseph.

### United Cerebral Palsy of Northwest Missouri

[ucpnwmo.org](http://ucpnwmo.org)



3303 Frederick Avenue; St. Joseph, MO 64506  
816.364.3836

*Provides early intervention services, employment and life skills training to individuals with disabilities to enhance their independence and quality of life.*

#### **Programs:**

Children's Programs - Provides pediatric physical, occupational and speech therapy; integrated preschool for children ages 2 - 5 including children with and without special needs; therapeutic lending program offering therapeutic equipment that can be loaned to families and child care providers; and community education regarding disability related topics and issues.

Adult Programs - Life skills for adults with disabilities such as cooking, sports and using technology as well as community involvement that includes hands-on service projects.

Employment Programs - Employment services match the best possible work environment or training options with each individual's interests and abilities, utilizing a discovery process and job coaches. Summer Work Experience gives area high school students with disabilities entering their senior year an opportunity to experience their first job. All Students Achieve (ASA) is a collaborative program held at Mosaic Life Care designed to improve employment outcomes for high school seniors through classroom activities and an unpaid internship for students.

# United Way Partner Agencies

## YMCA

[stjoymca.org](http://stjoymca.org)

3601 North Village Drive; St. Joseph, MO 64506  
816.671.9622



*Serves all ages, sex, races, religions and financial backgrounds, providing healthy programs/services. No one is turned away due to the inability to pay the stated fees.*

### Programs:

Youth Development Programs - Provides a safe, fun and educational place for kids to go before and after school at nine sites, serving 13 elementary schools and two early learning centers. Youth sports for children ages 3 - 8 years, including soccer, t-ball, basketball, cheerleading, street hockey and flag football. Summer Day Camp is available for children

Healthy Living Programs - Programs include more than 40 group exercise classes per week, personal training and LIVESTRONG program to help cancer survivors become more active and get back to a vibrant life.

Social Responsibility - Provides kids, families and communities with the resources and opportunities they need to learn, grow and thrive. Offers a range of programs and services to meet the unique needs of each community we serve.

## YWCA St. Joseph

[ywcasj.org](http://ywcasj.org)

304 North 8th Street; St. Joseph, MO 64501  
816.232.4481



*Provides a continuum of housing and supportive services for survivors of domestic and sexual violence.*

### Programs:

Bliss Manor - Housing programs which provide subsidized housing and supportive services for women who are survivors of domestic and/or sexual violence and their children.

Community Support - Free services to survivors of domestic and sexual violence including crisis intervention, outreach, case management, personal advocacy, safety planning, emergency financial assistance, hospital advocacy, court advocacy, law enforcement advocacy and professional counseling.

Healthy Teen Parents Healthy Babies (HTP/HB) - Program serving pregnant and parenting teens ages 12 - 19 to provide stability and support so that they may reach their educational and/or workforce goals.

Shelter - Providing emergency shelter to survivors of domestic violence.

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## How United Way Works

Traditionally, United Way has been known for harnessing the caring power of community through giving, advocating and volunteering and is most well-known for the annual United Way Campaign that takes place each fall. Through the Campaign, hundreds of businesses and thousands of individuals make pledges to improve lives through the caring power of community.

The majority of dollars raised through the annual Campaign are allocated to the network of United Way Partner Agencies to help sustain their current programs and services. More than 170 volunteers are involved in deciding how those donor dollars are allocated.

A portion of each year's Campaign contributions are held in a grant making fund called the United Way Community Investment Fund. Through this grant opportunity, area non-profits that meet United Way's criteria in financial accountability, program delivery and outcomes are eligible to apply for grants to further meet community or agency needs.

Giving to and through United Way continues to be one of the most impactful, effective and efficient ways for individuals and businesses to improve lives in our community. When the lives of our friends and neighbors are improved, we all are made better and our community made stronger.

A single gift to United Way does not impact a single agency nor a single program - it impacts dozens of agencies, hundreds of programs and thousands of individuals. Additionally, supporters and community members can rest assured that strong volunteer involvement and oversight ensures those receiving funding from United Way are:

- **being held accountable for the dollars they receive from United Way.**
- **working together to reduce duplication of efforts and increase efficiency.**
- **considering new approaches to address the needs of our community.**
- **collaborating to meet unmet community needs.**

## Need help, but don't know where to start?

**Help Me Hotline is a service provided by Northwest Missouri Community Services.**

Many times, people needing assistance aren't sure where to begin. The Help Me Hotline is a one-stop-shop that removes the guesswork, minimizes frustration and loss of time by matching individuals with the organization that can best help them.



## Will you join us in creating hope?

We hope you have found this guide helpful. As you can see, our community is fortunate to have a strong network of agencies ready to help our friends and neighbors and make a stronger community for all of us.

United Way and these agencies are able to be a source of hope because of community support. We invite you to consider how you can help - through giving, advocating or volunteering.



Jennifer & Michael Holden  
United Way Board Members  
2025 United Way Campaign Co-Chairs

### GIVE.

You can give to United Way in a variety of ways:

- through payroll deduction at many workplaces
- one-time or monthly through [stjosephunitedway.org](https://stjosephunitedway.org)
- by direct debit from a checking or savings account
- through Venmo @UnitedWayStJoe
- by mailing in a contribution

Every dollar given makes a difference and United Way and their Partner Agencies are able to turn your caring into action, help and hope.

### ADVOCATE.

United Way needs people who are passionate and willing to share their knowledge and support. Whether face-to-face or over social media, let others know you are part of the caring power of community. Share this guide with those looking for resources. Help spread the word.

### VOLUNTEER.

Open your heart. Lend your muscle. Volunteering is a great way to make a difference in our community while utilizing your time and talents. United Way Volunteer Center connects people who wish to volunteer with local opportunities. Ready to get involved? You can learn more at [stjosephunitedway.org/volunteer-center](https://stjosephunitedway.org/volunteer-center).

**Together, we can GIVE HOPE. Will you join us?**



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# TriumphFoods



Founded in 2003 by 5 of the largest independently owned pork producers, the company opened the 800,000-square-foot facility in January 2006 in St. Joseph, Missouri.

Today, we continue to help deliver on that dream with a dedicated group of hard-working team members who have joined our company from all around the world. They work together in one of the most technologically advanced pork production plants in the country, producing high-quality pork products that are found locally and shipped around the globe under brands recognized by local consumers.



## HERE WE TRIUMPH.

5302 STOCKYARDS EXPRESSWAY  
SAINT JOSEPH, MO.  
816-396-2700

