United Way
SUCCESS BY 6™

Raising Children With Conscious Discipline®



Join us for free monthly sessions for parents, grandparents and other primary caregivers and professionals who work with children ages birth to six. Learn about the core principles of Conscious Discipline and how to move ourselves and our children from surviving to thriving. New and returning learners are welcome!

Wyatt Park Christian Church Fellowship Hall

2623 Mitchell Avenue (use door on west side of building)

6-7:30 p.m.

Led by Community Action Partnership Head Start staff

February 1

Reclaim Your Power: How Choices Build Self-Control & Self-Esteem

Use the power of free will to set limits, promote healthy behaviors and strengthen compliance within children. Find out how to support children in learning how to achieve personal responsibility and self-control.

March 1

From Chaos to Calm: Turning Resistance into Cooperation

Cooperation is achieved through relationship and connection. When we are committed to seeing the best in children, instead of assuming that they are "bad" or trying to make our lives difficult, we shift our thinking and help them learn missing skills.

April 5

If I Could Only Find the Right Consequence: Secrets and Myths about Effective Consequences

The skill of empathy is needed to teach children how to cope with disappointment and minimize whining, foot stomping and back talk. Learn how to access our empathy, strengthen empathy in our children and help them build a strong internal compass.

In-person attendees may receive 1.5 Missouri Clock Hours Child Care Licensing credit for each session.

Scan QR code to register OR
visit stjosephunitedway.org/sb6parents

Walk-ins are welcome, too!
Questions? Call 816.364.2381 or email
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UNITED WAY
Greater St. Joseph