



Education



Health



Financial Stability



# RESOURCE GUIDE

## SERVICES & OPPORTUNITIES

“

Committed to the community and its people.  
- United Way volunteer

”

# LETTER

## to our community

Have you ever...

- needed assistance and been unsure where to turn?
- heard of non-profits and wondered exactly what they did?
- wanted to share your time and talents but weren't sure how to get started?
- wanted to support programs that improve lives, but didn't know how?

I hope you find answers to those questions, and more, on the following pages.

As you flip through this guide, you will have a chance to read about the United Way of Greater St. Joseph network which includes 17 Partner Agencies and seven Initiatives.

United Way of Greater St. Joseph began as a way for our community to come together to improve lives in a united way, a more inclusive way than individual churches, synagogues, civic groups, agencies and residents could do on their own. A big part of the organization's work was to raise money to share with social service agencies already making a difference in lives that could use some extra financial support from the community. More than 100 years later, the original premise still holds true. Through the United Way network, thousands of donors, hundreds of businesses and dozens of agencies join together to improve lives through the caring power of community.

If you are already a part of this United Way network as a donor, a volunteer or an advocate- thank you! Our community is better because of you.

If you are not, I invite you to join us. You can give, you can advocate and you can volunteer. More information on how to do all three can be found on page 15.

The way to improve lives begins with the caring power of community. We hope you will be part of the caring power.

Together in caring,



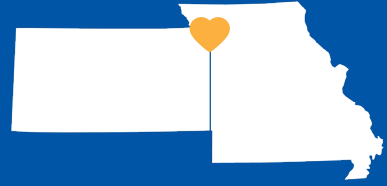
Kylee M. Strough, President

816.364.2381

[kylee.strough@stjosephunitedway.org](mailto:kylee.strough@stjosephunitedway.org)



# United Way of Greater St. Joseph



United Way of Greater St. Joseph is a non-profit agency that aims to improve lives through the caring power of community. Do you know that when you give, advocate or volunteer through United Way, you help United Way support the 17 Partner Agencies and operate the seven Initiatives shown below?



## Why United Way?

One gift to United Way of Greater St. Joseph impacts the lives of people in our community through the network of 17 Partner Agencies and seven Initiatives.

United Way Partner Agencies serve people throughout Northwest Missouri and Northeast Kansas in a variety of important ways. Learn more by reading about each agency on the pages that follow.

# Initiatives

## Financial Stability

Provides opportunities for individuals and families to become financially self-sufficient.

## Leadership St. Joseph

Builds the skills of individuals to be effective leaders in the community.

## Profit In Education<sup>®</sup>

Improves the education level of the potential and current workforce in the community.

## SingleCare<sup>®</sup> Prescription Assistance

Saves residents money on prescription medication through a free prescription discount card.

## Success By 6<sup>®</sup>

Prepares children to be successful learners when they begin kindergarten.

## Unmet Needs Committee

Collaborates to connect people to resources to solve immediate needs with lasting impact.

## Volunteer Center

Connects the community through volunteerism.

*The seven Initiatives above are operated through United Way of Greater St. Joseph in collaboration with local organizations. Each goes beyond meeting immediate needs and brings the community together to address underlying causes of problems. To get involved or for more information, please call 816.364.2381 or visit [stjosephunitedway.org](http://stjosephunitedway.org).*



# United Way Partner Agencies



Education



Health



Financial  
Stability

## Bartlett Center

[bartlettcenter.com](http://bartlettcenter.com)

409 South 18<sup>th</sup> Street; St. Joseph, MO 64501  
816.233.8201

*A pillar of the mid-town community, offering child care, youth after school and summer programs and a variety of community-centered activities.*

### Programs:

- [Bartlett Center Child Care](#) - Daycare for children ages four weeks - preschool.
- [Youth Program](#) - Program for children ages 5 - 12 offering out-of-school time care.



## Big Brothers Big Sisters St. Joseph

[bbbsstjoe.org](http://bbbsstjoe.org)

625 Francis Street; St. Joseph, MO 64501  
816.671.4090

*Serves children and teens who want and need a mentor in their lives by matching Littles ages 7 - 14 with Bigs in life-changing friendships.*



**Big Brothers Big Sisters.**

ST. JOSEPH

## Thank you to our Resource Guide Sponsor!



# TriumphFoods



**Diverse  
Workforce**



**Commitment  
to Community**



**Opportunity to  
Grow**



**Pride in Your  
Work**



## Catholic Charities of Kansas City-St. Joseph

[catholiccharities-kcsj.org](http://catholiccharities-kcsj.org)

1123 South 10<sup>th</sup> Street; St. Joseph, MO 64503

816.232.2885



*Serves the immediate needs of individuals and families, addressing the immediate crises they face, and then offering robust services, thereby lifting them to the dignity of self-reliance.*

### Programs:

- [The Welcome Center](#) - Provides emergency assistance in the form of food, hygiene and diapers as well as emergency rent and utility assistance to clients struggling to pay their bills and facing eviction.
- [Employment Services](#) - Programs include help with employment, life skills and financial literacy classes in addition to resumé workshops and employment networking opportunities.
- [Children & Family Services](#) - Mom's Empowerment program provides case management, utility and rent assistance and baby, maternity and household supplies for pregnant families through the child's first year. In addition, Catholic Charities offers adoption services and support for birth and adoptive families.
- [Housing](#) - Permanent, scattered-site housing and case management for individuals experiencing a disability and chronic homelessness; supportive services for veteran families and permanent community housing and supportive services for low-income seniors experiencing a disability or special need.

## Children's Mercy St. Joseph

[childrensmercy.org](http://childrensmercy.org)

802 North Riverside Road, Suite 105, Plaza 1 Bldg; St. Joseph, MO 64507

816.236.6900



*Children's Mercy is the region's leading independent children's health organization with a focus on transforming the health, well-being and potential of children by providing holistic care, translational research and breakthrough innovation and educating the next generation of caregivers. Children's Mercy has dedicated clinic space at Mosaic Life Care in the Plaza 1 medical building. This office is home to Children's Mercy Cardiology, Endocrinology and Diabetes clinics and a growing number of telemedicine clinics. In addition, Children's Mercy provides NICU support at Mosaic Life Care.*

# Community Missions Corporation

cmcstjoe.org

700 Olive Street; St. Joseph, MO 64501  
816.390.8884



*Attacks the root causes of homelessness using wraparound support to build self-reliance, decrease unnecessary usage of community resources and restore stability to men experiencing homelessness.*

## Programs:

- Permanent Supportive Housing - Provides housing for men experiencing chronic homelessness. Men must have a disability and have been homeless totaling at least 12 months consecutively or on at least four separate occasions in the last three years. In addition, case managers help residents break barriers to stability and coordinate services.
- Outreach Services - Outreach services are provided to individuals (both men and women) experiencing homelessness, providing resources in the community and help with items such as birth certificates, ID's, hygiene items and bus passes. In addition, outreach workers look for encampments throughout the area to ensure individuals are aware of resources available to them.
- Cold Weather Shelter - Offers overnight shelter for both men and women during the coldest months of the year. Dates of operation will vary based on weather.
- Summer Program - Offers showers, restrooms, hygiene products and case management during summer months. Serves as an access point for those seeking a housing opportunity.

## Some of the ways donors improved lives through the United Way network last year...

- **more than 600** survivors of domestic violence were provided legal assistance and advocacy.
- **4,535** youth participated in out-of-school activities and programs.
- **4,320** children received specialized pediatric care.



724 North 22<sup>nd</sup> Street; St. Joseph, MO 64506  
816.364.1501

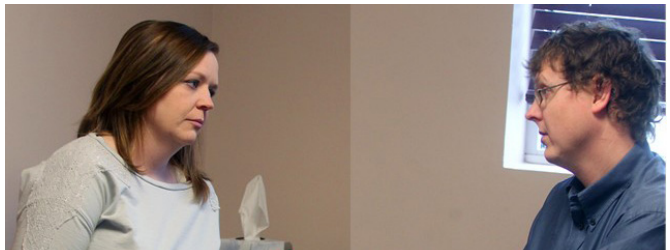
*A Certified Community Behavioral Healthcare Organization providing an array of behavioral healthcare services including adult mental health, children and youth services, substance use disorder services and behavioral health urgent care.*

**Programs:**

- Adult Mental Health Services - Mental health services for adults with persistent mental illness who are experiencing disruption in functioning as a result of disabling symptoms of the illness.
- Children and Youth Services - Individualized services based on the need of the child, youth and family to assist with emotional disturbance, mental illness or substance use disorders.
- Substance Use Disorder Services - An array of substance abuse treatment services for adults including medication assisted treatment, individualized outpatient services, group education/therapy, individual education/therapy, family therapy, co-occurring counseling services, co-dependency counseling, case management, peer support, diagnostic services, substance awareness traffic offender services, drug court services, trauma focused therapy, transportation services and gambling addiction treatment.
- Behavioral Health Urgent Care Clinic - Treats both adults and children (age 5+) in urgent need of care for a mental health/substance misuse. The clinic provides immediate access to behavioral health care and an alternative to the emergency room for non-emergency behavioral health care issues. (Located at 4906 Frederick Avenue)

**Some of the ways donors improved lives through the United Way network last year...**

- **5,011** adults and children received needed mental health services.
- **370** youth were impacted by a positive adult mentor.





## InterServ

[faithfullyserving.org](http://faithfullyserving.org)

5400 King Hill Avenue; St. Joseph, MO 64504  
816.238.4511



*Works to alleviate the effects of poverty/financial instability by providing services that help people meet their basic needs and function as capable, productive members of their community.*

### Programs:

- [Early Care and Education at Mitchell Woods](#) - Reliable, high-quality education and care for children that meets the needs of each individual child and family in a safe, nurturing educational environment.
- [Youth Program](#) - Programs that support youth in the areas of academics, relationships and health through building healthy relationships with adults, receiving a nutritious meal, tutoring and homework assistance, weightlifting and being part of a community.
- [Individual and Family Services](#) - Provides immediate assistance for those seeking basic needs of food and shelter, along with limited services for immigrants.
- [In-Home and Professional Medical Services](#) - Provides caregiver services to seniors and persons with disabilities who want to remain living in their own home, including housekeeping, personal care, shopping and respite. Professional Medical Services includes medication set up and periodic health evaluations.
- [Senior Nutrition](#) - Daily meals for seniors delivered to the home through Mobile Meals or served in a congregate setting.
- [RSVP](#) - Volunteer program aimed at utilizing skilled senior volunteers to address specific community issues and create community impact.

## Legal Aid of Western Missouri

[lawmo.org](http://lawmo.org)

706 Felix Street; St. Joseph, MO 64501  
816.364.2325



*Provides free, quality legal representation to low income elderly and vulnerable individuals. Legal Aid attorneys represent clients in civil (non-criminal) cases including family law, housing, consumer, state and federal benefits, immigration and tax cases.*

## Northwest Missouri Community Services

[helpmenow.org](http://helpmenow.org)

1203 North 6<sup>th</sup> Street; St. Joseph, MO 64501  
816.364.1131



*Works to improve the lives of individuals and their families by meeting their human and social service needs.*

### Programs:

- [Help Me Hotline](#) - A 24-hour service directing persons needing information/ assistance to appropriate health and human services. Advocates/coordinates services at multiple agencies and monitors availability of services.
- [Adopt-A-Family Christmas](#) - Helps families and individuals enjoy the Christmas holidays that otherwise would not be able to provide Christmas for their families/ self by matching people who are able to provide support to those families and individuals in need.
- [Fab-U-Less Finds Thrift Store](#) - Offers reasonably priced new and gently used clothing, household goods and furniture to the public. Free items are provided through a voucher process when a person is unable to pay.
- [Soles for Christ](#) - Provides a free pair of shoes to school-age children before the beginning of the school year.

**Other Programs:** Diaper Depot, Seasonal Services (fans, space heaters, air conditioners) and Lions Club eyeglasses.

## Pony Express Council, Boy Scouts of America

[ponyexpressbsa.org](http://ponyexpressbsa.org)

1704 Buckingham; St. Joseph, MO 64506  
816.233.1351



BOY SCOUTS  
OF AMERICA®

PONY EXPRESS COUNCIL

*A year-round character development program for youth kindergarten to age 18. Scouting teaches and instills values with a duty to God and country as well as life skills and the responsibility and obligation to help other people and the community. Scouting prepares all youth for life by strengthening self-reliance, self-confidence and leadership skill development.*

### Programs:

- [Traditional Scouting](#) - Scouting offers experiences that help prepare youth for their future by developing academic skills, self-confidence, ethics, leadership skills and citizenship skills that influence their adult lives.
- [Camping](#) - The camping program is held at Camp Geiger just minutes north of St. Joseph.

## St. Joseph Safety and Health Council, Inc.

[stjoesafetycouncil.org](http://stjoesafetycouncil.org)

3131 Frederick Avenue, Suite 220; St. Joseph, MO 64506  
816.233.3330



*Promotes injury prevention and safety best practices by planning, implementing, and assisting with activities designed to decrease the number of accidents and increase citizen safety.*

### Programs:

- Traffic Safety - Programs to educate and promote traffic safety including Driver's Education, Permit Academy, car seat education, driver training for school bus and occupational drivers, docudramas and substance awareness traffic offender program.
- Community Safety - Programs aimed at preventing accidental injuries and deaths by providing public education and awareness including Safety Town, Safety Acres, active shooter training and private probation services.
- Occupational Safety - Safety training programs and events designed to assist employers in providing a safer working environment for employees, as well as meet OSHA standards.

## The Salvation Army

[centralusa.salvationarmy.org/stjoseph](http://centralusa.salvationarmy.org/stjoseph)

602 Messanie; St. Joseph, MO 64501  
816.232.5824



*A multi-faceted agency providing emergency shelter for families with minor children, emergency assistance, food pantry, Pathway of Hope program, spiritual and life skills, Community Center and residential camp opportunities.*

### Programs:

- The Booth Center - Shelter serving families with minor children who are experiencing homelessness. Low to zero income families, lacking access to financial/housing resources, who would remain homeless but for the shelter are prioritized. The on-site case manager assists the families in developing a housing stability plan to address housing barriers, increase income and increase access to community/mainstream resources.
- Emergency Assistance - Emergency assistance provided includes a food pantry, rental assistance, clothing vouchers (given every 90 days unless extenuating circumstances arise), other basic needs as well as coats and jackets during winter months. In addition, school supplies are distributed to area students and the Angel Tree Christmas Adoption program provides Christmas to families/ individuals that might not otherwise have one.
- Youth Programs - Provides a safe environment to develop life skills, positive social and communication habits and the opportunity to experience and learn new things.

## Samaritan Counseling Center, Inc.

[thecenterlistens.org](http://thecenterlistens.org)

902 Edmond Street, Suite 203; St. Joseph, MO 64501  
816.364.4300



*Provides outpatient mental health services to anyone in the community, regardless of the ability to pay, including mental health assessments, diagnosis and treatment, professional counseling, medication management, faith-based collaborative care, substance abuse treatment and autism testing.*

## Specialty Industries of St. Joseph, Inc.

[specialty-industries.com](http://specialty-industries.com)

3801 South Leonard Road; St. Joseph, MO 64503  
816.232.8083



Providing Meaningful Employment

*A sheltered workshop providing meaningful employment, job training, financial betterment, community involvement and advocacy for persons with a disability.*

### Programs:

- Employment Program - Provides jobs packaging, assembling and labeling for persons who have attempted and found that their job skills may not be a match for competitive employment. Provides a safe and understanding work environment where employees can grow their self-esteem and self-worth while learning how to manage public transportation, work with others, follow directions and develop job skills. These skills are developed while earning a paycheck.
- Community Involvement - Provides numerous opportunities (at little or no cost to the employee) where employees can participate in community activities such as dances, musicals and sporting events.

## Some of the ways donors improved lives through the United Way network last year...

- **455** senior adults received nutritious meals to help maintain health.
- **349** children received early care and education to help them begin their school years ready to learn.



12

118 South 5<sup>th</sup> Street  
St. Joseph, MO 64501  
816.364.2381

[stjosephunitedway.org](http://stjosephunitedway.org)

United Way  United Way of Greater St. Joseph

## United Cerebral Palsy of Northwest Missouri

[ucpnwmo.org](http://ucpnwmo.org)

3303 Frederick Avenue; St. Joseph, MO 64506

816.364.3836



*Provides early intervention services, employment and life skills training to individuals with disabilities to enhance their independence and quality of life.*

### Programs:

- [Children's Programs](#) - Provides pediatric physical, occupational and speech therapy; integrated preschool for children ages 2 - 5 including children with and without special needs; therapeutic lending program offering therapeutic equipment that can be loaned to families and child care providers and community education regarding disability related topics and issues.
- [Adult Programs](#) - Life skills for adults with disabilities such as cooking, sports and using technology as well as community involvement that includes hands-on service projects.
- [Employment Programs](#) - Employment services match the best possible work environment or training options with each individual's interests and abilities, utilizing a discovery process and job coaches. Summer Work Experience gives area high school students with disabilities entering their senior year an opportunity to experience their first job. All Students Achieve (ASA) is a collaborative program held at Mosaic Life Care designed to improve employment outcomes for high school seniors through classroom activities and an unpaid internship for students.

## YMCA

[stjoymca.org](http://stjoymca.org)

3601 North Village Drive; St. Joseph, MO 64506

816.671.9622



*Serves all ages, sex, races, religions and financial backgrounds, providing healthy programs/services. No one is turned away due to the inability to pay the stated fees.*

### Programs:

- [Youth Development Programs](#) - Provides a safe, fun and educational place for kids to go before and after school at eight sites, serving 13 elementary schools. Offers a variety of youth sports for children ages 3 - 8 years, including soccer, t-ball, basketball and flag football. Offers Summer Day Camp for children ages 5 - 12 on the campus of Missouri Western State University.
- [Healthy Living Programs](#) - Programs include more than 40 group exercise classes per week, personal training and LIVESTRONG program to help cancer survivors become more active and get back to a vibrant life.
- [Social Responsibility](#) - Provides kids, families and communities with the resources and opportunities they need to learn, grow and thrive. Offers a range of programs and services to meet the unique needs of each community we serve.



## YWCA St. Joseph

ywcasj.org

304 North 8<sup>th</sup> Street; St. Joseph, MO 64501  
816.232.4481

eliminating racism  
empowering women

**ywca**

*Provides a continuum of housing and supportive services for survivors of domestic and sexual violence, licensed child care and programming for vulnerable youth.*

### Programs:

- [Bliss Manor](#) - Housing programs which provide subsidized housing and supportive services for women who are survivors of domestic and/or sexual violence and their children.
- [YWCA Discovery Child Care Center](#) - A quality program to enhance the growth and development for children ages 6 weeks to 6 years.
- [Community Support](#) - Free services to survivors of domestic and sexual violence including crisis intervention, outreach, case management, personal advocacy, safety planning, emergency financial assistance, hospital advocacy, court advocacy, law enforcement advocacy and professional counseling.
- [Choices & Decisions](#) - Programs pairing vulnerable 7<sup>th</sup> graders with Missouri Western State University athlete mentors to discuss important issues and topics that affect them at school, at home and with their peers.
- [GRIT \(Growing Resilient Independent Teens\) Center](#) - A safe space for teens ages 12 - 19 offering a drop-in resource center, mentoring and outreach services.
- [Healthy Teen Parents Healthy Babies \(HTP/HB\)](#) - Program serving pregnant and parenting teens ages 12 - 19 to provide stability and support so that they may reach their educational and/or work force goals.
- [Shelter](#) - Providing emergency shelter to survivors of domestic violence.

# Need help, but don't know where to start?

**Help Me Hotline is a service provided by Northwest Missouri Community Services.**

Many times, people needing assistance don't know where to begin. The Help Me Hotline is a one-stop-shop that removes the guesswork, frustration and loss of time by matching individuals with the organization that can best help them.



# BE THE CARING POWER

## GIVE.

You can give to United Way in a variety of ways:

- through payroll deduction at many workplaces
- one-time or monthly through [stjosephunitedway.org](http://stjosephunitedway.org)
- through Venmo @UnitedWayStJoe
- by direct debit from a checking or savings account
- by mailing in a contribution



## ADVOCATE.

United Way needs people who are passionate and willing to share their support. Whether face-to-face or over social media, let others know you are part of the caring power of community.

## VOLUNTEER.

Open your heart. Lend your muscle. United Way Volunteer Center connects people who wish to volunteer with local opportunities.



Creating paths of OPPORTUNITY and HOPE  
for everyone in our community.

# PROUDLY DIFFERENT.

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At Triumph Foods, we pride ourselves in cultivating an environment where employees collaborate, advance their careers and feel right at home. We are always looking for great people to join our team.

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